



Classes for Safety & Business Fest 2021

Class	Description	Track	Instructor	Date	Start Time	End Time	Max Students
4 Essentials of Leadership	When your leaders live the 4 Essential Roles of Leadership, they engage their team to consistently help your organization achieve its most critical priorities. They will discover how to build credibility and create a culture of trust, create a team vision, strategy, and compelling strategic narrative, align key systems to their team strategy and follow a proven execution process to achieve consistent results, and provide feedback and coaching to unleash team potential. What will participants learn to do? Build their leadership credibility and intentionally create a culture of trust, create an inspiring team vision and a relevant strategy, providing meaning and direction for their team's day-to-day work, craft a compelling strategic narrative they can share with key stakeholders at all levels, align key systems to their team's strategy to make core work processes easier, follow the proven 4 Disciplines of Execution® process to consistently achieve their most important goals provide regular positive and instructive feedback to shape high-trust team culture and apply key coaching skills within the Coaching Framework to unleash their team's potential.	HR/Business/Leadership	Trey Mohammed	3/11/2021	10:00 AM	11:00 AM	250 Max
ABC's of Fall Protection Training		Construction	Jeff Elliott	3/11/2021	2:00 PM	3:30 PM	100 Max
ABC's of Fall Protection Training		Construction	Jeff Elliott	3/9/2021	9:30 AM	11:00 AM	100 Max
Anger: One Letter Short of Danger	If you have angry employees in your workplace or you yourself are angry you may end up reporting more medical injuries on the job. Many individuals don't think or realize the weight of anger and that anger can more than quadruple a person's odds of being injured on the job. There are many ways to prevent and manage anger, which if obtained, consequently leads to better safety. This course is designed to take you step by step through ways to remain calm and diffuse anger in the workplace and in our personal lives.	General Safety and Wellness	Rebekah Yancey	3/11/2021	9:00 AM	10:00 AM	250 Max
Avoiding Nightmares when Coaching, Disciplining, and Terminating	What keeps you up at night when it comes to discipline and termination? This training will discuss how changing your perspective on coaching and discipline can impact your stress level and keep the nightmares from happening. Terminations don't always have to be the worst case scenario and we will address the things that you can do to help protect your company in the event your discipline does reach the termination stage.	HR/Business/Leadership	Rebekah Yancey	3/9/2021	10:00 AM	11:00 AM	250 Max
A-Z Fall Protection	3M DBI-Sala is hosting a Fall Protection Awareness Training. The training takes approximately one hour and includes information on: <ul style="list-style-type: none"> • Anchorage - how to tie off properly • Latest OSHA and ANSI Standards • Harnesses and how to wear them properly • Drop demonstrations focusing on the impact the body experiences during a fall • Self-Retracting Lifelines • Horizontal Lifelines • Descent and Rescue 	Construction	Brandon Schmidt	3/9/2021	9:00 AM	11:00 AM	100 Max
Basics of the New Hire Process	Safety starts with hiring the right employee and the initial training they receive. During this discussion we'll review some key elements to assist in hiring employees and review resources to assist with the hiring process. But hiring an employee is just the start, we will then review training aspects which can assist in providing a safe work environment for all employees.	HR/Business/Leadership	Alicia Ray	3/11/2021	1:30 PM	3:00 PM	100 Max
Biohazards on the Jobsite	This class will cover how to recognize, prevent, and treat many biological hazards that may affect you at your jobsite including snakes, spiders, mice, birds, bats, bees, bedbugs, mosquitoes, fleas, and ticks. We'll cover the hazard, possible associated diseases, distribution and frequency, how it spreads, symptoms, treatment, and prevention and control measures that can be implemented at the workplace and at home.	General Safety and Wellness	Susie Vader	3/11/2021	9:00 AM	11:00 AM	100 Max
Building a Lasting Safety Culture: Leverage Time & Investment	A safety culture separates those who constantly struggle to implement safety into their workplace from those who have a consistent flow of safety ideals in their workplace. Culture is the intersection of accountability and acknowledgement and can be easier to build into your company than you think. This course will give principles of building a safety culture into everyday life at work. The goal will be to add peace of mind to employers, create happier employees and increase bottom line profits of your company.	HR/Business/Leadership	Dr. Bryan Wright	3/9/2021	1:30 PM	2:30 PM	250 Max
Chemical PFAS – Health & Remediation Update	Per- and polyfluoroalkyl substances (PFAS) are a group of man-made chemicals that have been in use since the 1940s in many consumer products. PFAS may be released into the air, soil, and water and have been detected in drinking water wells across the US. With a variety of potential health effects from increased cholesterol to systemic effects to tumors, detection and remediation of PFAS has been raised to critical levels in some communities including Medical Lake, WA. Learn more about what PFAS is, where it can be found, what are the potential effects of exposure and what measures are being taken today to minimize the negative effects.	General Safety and Wellness	Beth Hodgson	3/9/2021	9:00 AM	11:00 AM	100 Max
Coaching Plain and Simple	The plain and simple, Solution-Focused Coaching approach is also called, brief coaching, as the basic principles are so effective. We will quickly review various coaching strategies and objectives then provide the framework whereby attendees will be able to immediately apply plain and simple coaching strategies to more effectively and efficiently resolve difficult and persistent problems.	HR/Business/Leadership	David Boyce	3/11/2021	11:00 AM	12:00 PM	100 Max
Combustible Dust Hazards	This presentation on dust hazards will help participants determine if a dust is combustible and understand the hazards associated with dusts they may find while at work. Participants will understand how dusts are defined by the various regulatory agencies and some of the common (and uncommon) dusts that may present a dust explosion hazard in the workplace. A key component of this presentation is to provide information so that the participant can recognize and help mitigate the risk due to dust explosions. The presentation will highlight a number of specific examples of actual industrial accidents attributed to dust fires and explosions, with the intention to learn from the mistakes of others.	Construction	David Young	3/10/2021	4:00 PM	5:00 PM	100 Max

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Commonly Missed Eyewash & Shower Compliance		General Safety and Wellness	Nick Gore	3/11/2021	9:00 AM	9:30 AM	100 Max
Competent Person - Equipment Inspections MSA	<p>The Competent Person for Equipment Inspection course is designed for the fall protection equipment user, or at-risk worker, as well as their supervisors and the safety professional. It is also designed for those in the tool room who may issue fall protection gear to others and who are required to perform regular inspections on it. At the completion of this course, the participants will be able to discuss and demonstrate the following topics: Consensus standards as they relate to inspection, Formal documentation requirements, Formal inspection processes, including the criteria for pass / fail and disposal for all MSA fall protection equipment, with a special emphasis on: Full Body Harnesses, Energy-Absorbing Lanyards, Self-Retracting Lanyards / Personal Fall Limiters, Equipment cleaning and storage. The last quarter of the class is dedicated to providing hands-on inspection experience with field-used fall gear, giving students the opportunity to touch, feel, look for, and discuss the types of damaged discussed in the class</p> <p>Please Note - Attendees must have an active camera and microphone in order to receive credit for this class. This class will be taught in a WebEx platform, not Zoom.</p>	Construction	Skyler Cook	3/10/2021	1:00 PM	5:00 PM	15 Max
Competent Person - Equipment Inspections MSA	<p>The Competent Person for Equipment Inspection course is designed for the fall protection equipment user, or at-risk worker, as well as their supervisors and the safety professional. It is also designed for those in the tool room who may issue fall protection gear to others and who are required to perform regular inspections on it. At the completion of this course, the participants will be able to discuss and demonstrate the following topics: Consensus standards as they relate to inspection, Formal documentation requirements, Formal inspection processes, including the criteria for pass / fail and disposal for all MSA fall protection equipment, with a special emphasis on: Full Body Harnesses, Energy-Absorbing Lanyards, Self-Retracting Lanyards / Personal Fall Limiters, Equipment cleaning and storage. The last quarter of the class is dedicated to providing hands-on inspection experience with field-used fall gear, giving students the opportunity to touch, feel, look for, and discuss the types of damaged discussed in the class</p> <p>Please Note - Attendees must have an active camera and microphone in order to receive credit for this class. This class will be taught in a WebEx platform, not Zoom.</p>	Construction	Skyler Cook	3/9/2021	9:00 AM	1:00 PM	15 Max
Confined Space - ARTBA	<p>Confined Space: A confined space is defined as an area that is large enough that an employee to enter, work, has a limited means of entry or exit and is not designed for continuous occupancy. Trenches, Manholes, Pits, Tanks are a few of the Confined Spaces that we encounter in construction. As a part of this course the student will:</p> <ul style="list-style-type: none"> Identify the four categories of hazards of confined spaces, Describe example of confined spaces found in road construction, Recognize the responsibilities and duties of the competent person, Recognize the training and rescue requirements for personnel involved with confined spaces, Recognize the scope of OSHA Construction Industry Standards 1926.1200. <p>Intended audience is the managers, supervisors and staff that work in or around a confined space.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class. Adding this course to your agenda is only step 1, you will be required to register through the Zoom link listed in red below for step 2. That will confirm your seat in this class.</p> <p>Preregistration for the class within Zoom is also required - HERE</p>	Construction	Bruce Drewes	3/10/2021	9:00 AM	11:00 AM	100 Max
Confined Spaces - General Industry	<p>Confined spaces can be very dangerous places unless proper procedures are followed before and during entry. Working in confined spaces is an everyday occurrence in many occupations. When these spaces are properly identified and assessed, entry plans are in place and the plans are followed, work performed within a confined space can be completed safely and efficiently.</p> <p>This course will provide participants with the information needed to understand the potential hazards of working in these spaces and the elements necessary to control those hazards prior to entry.</p>	Construction	Tom Hall; Craig Davis	3/9/2021	1:00 PM	5:00 PM	40 Max
Control of Hazardous Energy	<p>This course discusses when COHE applies to work activities. Identifies steps to complete effective Lockout / Tagout. Explains the process for group lockout. Describes the purpose of Energy Isolation Procedures and Job Hazard Analysis/ Risk Assessments</p>	Construction	Anthony Tomy	3/10/2021	3:00 PM	5:00 PM	100 Max
Creating Policies and Procedures for Workers Around Domestic Violence and Sexual Assault	<p>In this class we look at how to start the conversation and action steps around creating policies and procedures to help employers appropriately respond to domestic violence, sexual violence and stalking impacting the workplace and promote workplace culture of prevention and support.</p>	HR/Business/Leadership	Amanda Krier	3/10/2021	10:00 AM	11:30 AM	100 Max
Cyber Crimes & Safety	<p>This course will inform you about the basics of safe computer use and Internet browsing. Security behaviors you can use to keep your personal and business data safe. We will cover social engineering, malware, email, passwords, social media, mobile devices, and Internet browsing safety. Finally, we will discuss the importance of your daily vigilance to defend yourself against data thieves. You are the tip of the spear and the front line of defense against bad actors compromising your data.</p>	HR/Business/Leadership	Bob Quant	3/10/2021	12:00 PM	2:00 PM	100 Max
Cyber Security Basics for your Business	<p>3 Cybersecurity Basics for Your Businesses</p> <p>As technology evolves, so does the threat of a breach or a hack impacting your operation.</p> <ul style="list-style-type: none"> The importance of cybersecurity and what resources are needed. Employee training on avoiding attacks and putting processes in place for remote workers Define business email compromise and how to train your staff. 	HR/Business/Leadership	Irene Gonzalez	3/9/2021	11:30 AM	12:30 PM	100 Max
Defensive Driving Awareness Training	<p>Understand why driving is a full time job and the techniques that will increase your safety on the road. Preparing yourself and your vehicle with pre-trip inspections. The BIG five driving techniques and distractions, inclement weather and mechanical failure.</p>	General Safety and Wellness	Lea Duffin; Kimberly Tkacs	3/11/2021	9:00 AM	10:30 AM	100 Max
Defensive Driving Awareness Training	<p>Understand why driving is a full time job and the techniques that will increase your safety on the road. Preparing yourself and your vehicle with pre-trip inspections. The BIG five driving techniques and distractions, inclement weather and mechanical failure.</p>	General Safety and Wellness	Lea Duffin; Kimberly Tkacs	3/9/2021	3:30 PM	5:00 PM	100 Max

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Developing Effective Safety Teams and Champions	In many organizations, committees and safety champions are responsible for creating a robust, proactive, and self-managed, approach to continuous safety environment. This course is designed as an introduction to helping team members develop skills required for defining, developing, and following a reliable process that guarantees consistent results.	HR/Business/Leadership	Joe Estey	3/9/2021	9:00 AM	10:00 AM	250 Max
Driver Accident Prevention	Join us for a 1-hour class in which we discuss the 5 most common types of accidents and how to avoid them. It is based on the over 4000 auto accident investigations I have been involved in, as well as the over 60 times I have been to trial on different matters. Target Audience: Commercial, construction, and delivery drivers	General Safety and Wellness	Todd Morgan	3/11/2021	1:00 PM	2:00 PM	100 Max
Effective Communications	(For anyone hoping to negotiate a pay-raise, understand their spouse better, or simply speak with more clarity) Do you ever feel like some of the things you say get "lost in translation?" In today's world of instant communication, there seems to be an ever-present disconnect to effectively conveying messages. In this class, you will learn how to say what you mean, and mean what you say.	HR/Business/Leadership	Russ Wood	3/10/2021	9:00 AM	10:00 AM	100 Max
Effective Training Methods	There are numerous methods and materials for training with certain advantages and disadvantages, however not every method is effective. Training is an essential piece of every good safety program. You can improve your safety program by improving how you train. In this session you will see how to effectively break down any job or task to better train employees and reduce accidents and injuries in the workplace.	HR/Business/Leadership	David O'Connell	3/10/2021	11:00 AM	12:00 PM	250 Max
Emergency Preparedness		General Safety and Wellness	Cole Craven	3/11/2021	10:00 AM	11:30 AM	100 Max
Emergency Preparedness	In a disaster, local officials and relief workers cannot reach everyone immediately. A disaster plan will help with safety, security, and comfort. Regardless of the type of disaster, there are things you can do to prepare. This course is designed to provide education in emergency preparedness for families, those with functional needs, and children. The course will also include information on county emergency operations plans, sheltering in place, partners in the community, and much more.	General Safety and Wellness	Jackie Frey	3/10/2021	10:00 AM	11:00 AM	250 Max
Enhance Your Safety Program with 5S	5S is used to improve quality, productivity and efficiency in an organization, but it can also improve safety and morale. It is well known that housekeeping is an integral part of every safety program. Implementing 5S will create a clean, safe and efficient workplace. Learn how to create a safer workplace using 5S, and more importantly, keep it that way.	HR/Business/Leadership	David O'Connell	3/10/2021	9:00 AM	10:00 AM	250 Max
Ergonomics on the Move: Lifting, Carrying, Pushing and Pulling	Many businesses move boxes, bags, bins, totes, containers, etc. by hand. This course will cover the basics of manual material handling. We will discuss what workplace factors increase the risk of injury, how to easily measure this risk, and highlight some ways to make your work safer. A number of free and simple on-line calculators that you can use at your workplace to assess moving tasks will be shown.	HR/Business/Leadership	Ed Havey	3/9/2021	11:00 AM	1:00 PM	100 Max
Excavation and Trenching	Excavation and Trenching: If you are replacing a culvert under the roadway or installing sewer lines below the elevation of the basement of homes in the area, the standards found in the OSHA excavation and trenching program provide a safe working environment. In this course the student will: <ul style="list-style-type: none"> Identify basic hazards associated with excavations and trenching, Recognize the need for strict adherence to benching and shoring requirements, Recognize required responsibilities of the competent person, Recognize the elements of soil stability and basic classifications, Recognize types of systems used to protect workers, Determine basic emergency response procedures. Intended audience for this course are the manager and staff that work in or around trenches or excavations. <p>Student Requirement for Excavation and Trench Safety</p> <p>The Excavation and Trenching Safety course is an OSHA Susan Harwood Grant course and has the following requirements:</p> <ol style="list-style-type: none"> Each student must have a computer or phone that has a camera so that the student is visible to the instructor during the course. The Pretest will be provided to each student before the class and must be completed and returned before the start of the class. The Post-test and Evaluation will need to be completed in order to receive credit for the class. <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class:</p> <p>Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course)</p> <p>Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	Construction	Bruce Drewes	3/10/2021	11:30 AM	3:30 PM	40 Max
Exercise & Injury Prevention	Exercise and injury prevention tips	General Safety and Wellness	Erin Barker	3/10/2021	12:30 PM	1:00 PM	100 Max
Failing Safely	One of our biggest challenges to performance is being clear on what is expected, what the real hazards and risks are, and ensuring clarity in our interactions with one another. Humans are fallible, prone to error, and will and do make mistakes. In this world where the standard is often set at zero, zero incidents, zero injuries, etc., is this the right measure? Discuss better measures and a better approach to promoting success; build on the foundation of clarity first, then introduce the concept and philosophies associated with failing safely. Build capacity for resilience with the strategies in this class and learn how to improve the safety and performance of your employees.	HR/Business/Leadership	David Boyce	3/10/2021	2:00 PM	5:00 PM	100 Max
First Lead Yourself	Learning to lead yourself is one of the most important principals you'll ever do as a leader. The better you know yourself, the better you can navigate the turmoil in today's highly uncertain environment. We will take an in depth look into leadership development with self-development as our catalyst. Becoming the best leader you can be, means putting in the time to become the best self you have yet to know. In this course, you will learn key principles you need to make part of your personal habit.	HR/Business/Leadership	Blake Hollingsworth	3/10/2021	2:30 PM	3:30 PM	250 Max

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Franklin Covey 7 Habits for Highly Effective People Signature Series	Our character is a composite of our habits. Due to there consistency, habits constantly express our character and produce our effectiveness or ineffectiveness. This introduction course is designed to help your organization achieve sustained superior results by focusing on making individuals and leaders more effective. Participants gain hands on experience, applying timeless principles that yield greater productivity, improve communication, strengthen relationships, increase influence, and laser-like focus on critical priorities. This training is beneficial for all level employees as well as the employer.	HR/Business/Leadership	Bryan Matsuoka	3/11/2021	3:30 PM	4:30 PM	250 Max
HAZWOPER Refresher	This class satisfies the OSHA requirement for annual 8 hour refresher training per 29 CFR1910.120 or 29 CF4 1926.65. All participants in this class must have either a 40 Hour or a 24 Hour certificate (you do not need to bring the certificate to the class).This class is appropriate for anyone involved in clean up or assessment of hazardous waste sites. It is not applicable to emergency response personnel or TSD/RCRA facilities. Topics will include a review of the OSHA standard, an update on environmental regulations and current rulemaking, new OSHA initiatives including combustible dust, hazard analysis techniques and control measures, selection of chemical protective clothing, fire protection approaches and spill control methods. Certificates of completion will be awarded. IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class. 2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.	Construction	Anne Bailey	3/11/2021	9:00 AM	6:00 PM	40 Max
Hearing Conservation		Construction	Cole Craven	3/10/2021	8:30 AM	9:30 AM	100 Max
Hearing Protection: Basic Training & Company Hearing Conservation Program		Construction	Brian Johansen	3/9/2021	8:30 AM	9:00 AM	100 Max
Heavy Equipment Inspection	The class will look at pre-trip, post-trip, and intermittent inspections of common construction equipment.	Construction	Mike Stowell	3/11/2021	10:30 AM	12:30 PM	100 Max
How to Nail a Job Interview		HR/Business/Leadership	Russ Wood	3/10/2021	10:30 AM	11:30 AM	100 Max
Human Performance Improvement (HPI)	Based originally of improving performance in high consequence work we will introduce strategies and methods that the attendee will be able to use today. Material will include the 5 principles of Safety II, the 4-stages of psychological safety and methods to evaluate risk and integration of behavior design principles and habits.	HR/Business/Leadership	David Boyce	3/9/2021	1:30 PM	3:00 PM	100 Max
Improving Real-World Safety Skills with Virtual Reality Training	This session will describe the advantages and benefits of using virtual reality training in the workplace. Lessons learned from piloting a VR training module to increase worker skills and knowledge about the hazards, risks and controls in confined spaces will be discussed. Resources and technological components for initiating virtual reality training in the workplace will be shared.	HR/Business/Leadership	Brian Cleveley; KD Hatheway-Dial; Nancy Simcox	TBD	TBD	TBD	TBD
Incident Investigation: Safety Incident Management and Investigation	Investigating worksite incidents, such as injuries, illnesses, or close calls, provides employers and employees the opportunity to identify hazards in their operations and shortcomings in their safety and health programs. Most importantly, it enables employers and workers to identify and implement the corrective actions necessary to prevent future incidents. This course is designed to cover the methods for managing, investigating, and documenting incidents. Participants will be able to use what is taught from the course and apply critical thinking skills to conduct an incident investigation and pinpoint causes and preventatives for future injuries.	Construction	Dan Clark	3/9/2021	3:30 PM	4:30 PM	250 Max
Infection Prevention and Respiratory Protection - COVID-19 Focus	The first part of the class Jerri Hammons will focus on Infection prevention and the current status or prevention methods on COVID-19. The second part of the class Stan Urban will talk about respiratory protection focusing on protection for the spread of COVID-19	Healthcare/COVID-19	Stan Urban; Jerri Hammons	3/10/2021	10:00 AM	12:30 PM	100 Max
Injury Prevention: Ergonomics with an Emphasis on Back Health	The human body is a fragile system, and we put many demands on it every day. Activities like reaching for supplies, sitting in front of a computer for hours, and moving heavy products can take a toll on our bodies. It may sound cliché that an ounce of prevention is worth a pound of cure, but it is a true and practical method. Ergonomics will not fully stick unless fundamental principles are taught and integrated. This course is designed as a foundational resource to debunk myths and lead to successful prevention of injury.	General Safety and Wellness	Dr. Bryan Wright	3/11/2021	11:00 AM	12:00 PM	250 Max
Intro Facility Safety Signs/NIOSH Hierarchy of Controls (ANSIZ535.2)		HR/Business/Leadership	Wyatt Parsons	3/11/2021	12:00 PM	1:30 PM	100 Max
Introduction to Electrical Safety Hazards		Construction	Wyatt Parsons	3/9/2021	11:30 AM	1:00 PM	100 Max
Job Safety Assessments	This course reviews what a job safety analysis/job hazard analysis is and why it should be performed, identifies the information that should be documented during a job hazard analysis, and provides example jobs and potential hazards that may be encountered.	Construction	Randall Danner	3/11/2021	2:00 PM	4:00 PM	40 Max
Keep Your Cool When the Engine Runs Hot	Keep your cool when the engine runs hot: What we can learn from Nascar about stress and self-care.	HR/Business/Leadership	Michelle Arnett	3/10/2021	9:00 AM	10:00 AM	100 Max
Ladder Safety Training		Construction	Jeff Elliott	3/10/2021	2:00 PM	3:00 PM	100 Max
Mindfulness - Preventing Cognitive Drift		General Safety and Wellness	Trish Morris; Carmen McKellar; Daphne Larsen	3/11/2021	1:00 PM	5:00 PM	100 Max
Natural Hazards	This condensed presentation will provide information on the incidence and impact of natural disasters including winter storms, lightning, floods, wildfires, tornadoes, and earthquakes. We'll discuss the hazards and what you need to know to assess your risk, prepare for the hazard, and how to respond during and after the event to minimize risk and protect your jobsites and families.	General Safety and Wellness	Susie Vader	3/9/2021	1:00 PM	3:00 PM	100 Max
North Idaho and Washington -10 Steps to Reduce Your Workers' Compensation Costs	Learn the basics of how Washington and Idaho workers' compensation effects the costs employers pay and 10 steps to loss control that will greatly decrease your workers' compensation costs.	HR/Business/Leadership	Breanna Sigmon; Alicia Ray	3/9/2021	3:00 PM	4:30 PM	100 Max
Opioid Addiction Class	The Drug Overdose Prevention and Response training includes opioid education, naloxone training, information regarding the Idaho Good Samaritan Law, and stigma education. Participants will learn how to recognize and respond to an opioid overdose, administer naloxone and learn about available community resources	General Safety and Wellness; Healthcare/COVID-19	Malory Johnson	3/10/2021	9:00 AM	10:00 AM	100 Max
Opioid Addiction Class	The Drug Overdose Prevention and Response training includes opioid education, naloxone training, information regarding the Idaho Good Samaritan Law, and stigma education. Participants will learn how to recognize and respond to an opioid overdose, administer naloxone and learn about available community resources.	General Safety and Wellness; Healthcare/COVID-19	Malory Johnson	3/9/2021	9:00 AM	10:00 AM	100 Max

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OSHA #7115 Lockout/Tagout	<p>This course covers the role and responsibility of the employer to develop and implement an energy control program, or lock-out/tag-out (LOTO) for the protection of workers while performing servicing and maintenance activities on machinery and equipment. Course topics include types of hazardous energy, detecting hazardous conditions, implementing control measures as they relate to the control of hazardous energy, developing and implementing energy control programs including written isolation procedures, training of authorized and affected employees, and periodic inspection of energy control procedures using the OSHA Control of Hazardous Energy Standard. Upon course completion the student will have the ability to explain the importance of energy control programs, procedures, training, audits and methods of controlling hazardous energy.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Van Howell, CSP,CIT, CHST	3/11/2021	9:00 AM	5:00 PM	40 Max
OSHA #7215 Silica in Construction, Maritime and General Industries	<p>This course covers an introduction to basic accident investigation procedures and describes accident analysis techniques. Course topics include reasons for conducting accident investigations, employer responsibilities related to workplace incident investigations, and a four step accident investigation procedure. The target audience is the employer, manager, employee or employee representative who is involved in conducting incident and/or near-miss or close call investigations. Successful completion enables students to apply the basic skills necessary to conduct an effective incident investigation at the workplace.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Ed Woodford, MS, CSP, CIT, CHMM	3/11/2021	9:00 AM	4:30 PM	40 Max
OSHA #7300 Understanding OSHA's Permit-Required Confined Space Standard	<p>This course covers the requirements of the OSHA Permit-Required Confined Space Standard. Course topics include safety and health hazards associated with confined space entry, and the evaluation, prevention, and abatement of these hazards. This course is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit-required confined space program. Upon course completion students will have a basic understanding of confined space hazards, evaluating and abatement of the hazards, and determining when a confined space shall be classified as a permit-required confined space.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Van Howell, CSP,CIT, CHST	3/10/2021	9:00 AM	4:30 PM	40 Max
OSHA #7405 Fall Hazard Awareness for the Construction Industry	<p>This course covers the identification, evaluation, prevention and control of fall hazards in the construction industry. The course focuses on falls to a lower level rather than falls to the same level resulting from slips and falls. Course topics include identifying, analyzing, and preventing fall hazards utilizing OSHA Fall Protection Standards. At the conclusion of the course, students will have an awareness level of identifying fall hazards and methods to control and abate the hazards.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Ed Woodford, MS, CSP, CIT, CHMM	3/9/2021	12:00 PM	4:00 PM	40 Max

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OSHA #7410 Managing Excavation Hazards	<p>This course covers the roles and responsibilities of the employer to educate and assign a competent person to excavation sites. Course topics include understanding and application of definitions relating to the OSHA Excavation Standard, excavation hazards and control measures, soil analysis techniques, protective system requirements and emergency response. Upon course completion, students will understand the importance and duties of a competent person in excavation work and have the knowledge and skills required performing these duties.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Van Howell, CSP,CIT, CHST	3/9/2021	9:00 AM	4:00 PM	40 Max
OSHA #7505 Introduction to Incident (Accident) Investigation	<p>This course covers an introduction to basic accident investigation procedures and describes accident analysis techniques. Course topics include reasons for conducting accident investigations, employer responsibilities related to workplace incident investigations, and a four step accident investigation procedure. The target audience is the employer, manager, employee or employee representative who is involved in conducting incident and/or near-miss or close call investigations. Successful completion enables students to apply the basic skills necessary to conduct an effective incident investigation at the workplace.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Ed Woodford, MS, CSP, CIT, CHMM	3/10/2021	9:00 AM	5:00 PM	40 Max
OSHA #7510 Introduction to OSHA for Small Businesses	<p>This course covers an introduction to the Occupational Safety and Health Administration (OSHA) and the OSH Act for owners and managers of small businesses. Course topics include an introduction to OSHA, OSHA Standards, the inspection process, implementing a safety and health program, worker training requirements and assistance available to small businesses. Upon course completion students will understand OSHA operations and procedures and how to work with OSHA to prevent or reduce injuries and illnesses in their workplace.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Rick Gleason, CIH, CST,CIT, CHST	3/11/2021	9:00 AM	12:30 PM	40 Max
OSHA #7845 OSHA #7845 Recordkeeping Rule Seminar	<p>This course covers OSHA requirements for maintaining and posting records of occupational injuries and illnesses, and reporting specific cases to OSHA. Upon course completion students will have the ability to identify OSHA requirements for recordkeeping, posting and reporting and to complete OSHA Form 300 Log of Work-Related Injuries and Illnesses, OSHA Form 300A Summary of Work-Related Injuries and Illnesses, and OSHA Form 301 Injury and Illness Incident Report. I</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Rick Gleason, CIH, CST,CIT, CHST	3/11/2021	1:00 PM	5:00 PM	40 Max

Class	Description	Track	Instructor	Date	Start Time	End Time	Max Students
OSHA 10 Construction (3 Day Course - Must attend all days)	<p>This class will run 9:00 a.m. to noon (MST) over the course of 3 days. The agenda function will only add it to your agenda on March 9th. By registering for this class you are committing to all 3 days.</p> <p>The OSHA 10 hour course provides training for workers to recognize, avoid, abate and prevent safety and health hazards on the construction site. Training will be customized to each employer's specific workplace and needs and will also cover the required topics. Each student that successfully completes the course will receive a 10-Hour card from the OSHA Training Institute.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone and attend all 3 days to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	John Green	3/9-11/2021	9:00 AM	12:00 PM	40 Max
OSHA 10 General Industry (2 Day Course- Must attend both days)	<p>This class will run 9:00 a.m. to 3 p.m. (MST) over the course of 2 days (Tuesday and Wednesday) The agenda function will only add it to your agenda on March 9th. By registering for this class you are committing to both days.</p> <p>This course is designed to familiarize workers with OSHA standards as well as safety and health hazards common to the workplace. The goal is to educate workers on identifying, avoiding, controlling, and preventing jobsite hazards.</p> <p>The OSHA 10 hour General Industry course is appropriate if you're working in manufacturing, warehousing, distribution, or health care. If you work in construction, we have a separate class on construction-specific. This training is designed to educate every worker on hazard recognition and avoidance in the General Industry requirements for OSHA. Topics include personal protective equipment, flammable and combustible liquids, machine guarding, preventing slips, trips and falls, and more. Also includes an introduction to OSHA's General industry standards and requirements of the more frequently referenced and cited standards. Each student that successfully completes the course will receive a 10-Hour card from the OSHA Training Institute.</p> <p>IMPORTANT REQUIREMENTS: Attendees are required to have an active camera and microphone and attend both days to receive credit for the class.</p> <p>2 Step Process to confirm a seat in this class: Step 1. Add this course to your agenda (This is only step 1; it alone does not confirm your seat in this course) Step 2. Approximately 2 weeks prior to the course date you will be emailed a Zoom registration link. After completing that required Zoom registration, you will receive a confirmation back.</p>	OSHA	Kelly Addis	3/9-10/2021	9:00 AM	3:00 PM	40 Max
OSHA Multi-Employer Policy with Case Studies	General review of OSHA multi-employer worksite inspection policy, legal aspects for OSHA citations, and related case studies from Idaho enforcement cases.	OSHA	Adam Gerson	3/9/2021	3:30 PM	5:00 PM	40 Max
Preparing for an Arch Flash Hazard Analysis		Construction	Wyatt Parsons	3/10/2021	12:00 PM	1:30 PM	100 Max
Protecting Temporary Workers	How staffing companies and their clients can work together to protect temporary workers. Reviewing the OSHA temporary initiative and co-employment. Target Audience: Owners, Safety and Risk Managers in Ag and Light Industrial.	HR/Business/Leadership	Angie Cannon	3/11/2021	3:00 PM	4:30 PM	40 Max
Raising, Recognizing and Resolving Employee Concerns		HR/Business/Leadership	Devon Jackson	3/10/2021	1:00 PM	5:00 PM	100 Max
Resources for Assisting Mental Health/Substance Abuse Disorders	Recovery in Motion exists to remove barriers to recovery by providing free services to individuals, families, and employees in our community who live with substance use and/or mental health challenges. This training is designed to discuss their role in providing resources to the local community and employers. Included will be a discussion about the help available to those with mental health/substance abuse disorders which will include veterans, those who have been incarcerated, and families with members who have health/substance abuse issues.	General Safety and Wellness	John Brannen	3/11/2021	1:30 PM	2:30 PM	250 Max
Respirators and Masks: What They Are, How They Work, and When to Use Them	This presentation will cover the fundamentals of respiratory protection from both a historical and scientific perspective. Participants will learn about the many different types of respirators and gain an understanding of the basic principles of how they work to protect workers from airborne contaminants. The presentation will include an overview of regulatory requirements for respirator use and best practices for respiratory protection program administration. The difference between respirators and "masks" and how both are used in controlling the transmission of infectious diseases will be also be discussed. Please note: Attendees are required to have an active camera and microphone to receive credit for the class. Preregistration for the class within Zoom is also required.	Healthcare/COVID-19	Kate Durand, MSH, CIH, CSP	TBD	TBD	TBD	TBD
Respiratory & Head Protection Advantages for the Worker		Healthcare/COVID-19	Kathy Fenwick	3/10/2021	11:00 AM	11:30 AM	100 Max
Safe Digging	This hour long "Damage Prevention" presentation is intended for anyone involved in excavation. With an emphasis on safe digging. It will include an overview of Idaho's Damage Prevention Program, why it was created and who is affected by the Idaho Statutes and Rules. Information will include compliance efforts, details related to reporting, available training and "safe digging" practices. Learning Objective - Know the steps to safe digging. Understand the damage prevention complaint process in Idaho. Learn the basics of excavation regarding damage prevention.	Construction	Bill Hale	3/11/2021	3:00 PM	4:00 PM	100 Max
Safety Culture; Paying it Forward	This presentation will focus on how the pay it forward attitude and behavior has laid the foundation to a greater safety culture and how it can be applied to your organization to develop a better safety culture.	HR/Business/Leadership	Jay Jones	3/11/2021	9:00 AM	10:30 AM	100 Max

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Save Time and Money Learning About Functional Work Conditioning Programming	Many people are working from home for the first time. Now, after several months, some are feeling discomfort and pain when doing computer work. This course will cover how to set-up your home office using simple DIY "hacks" and tips so you can be more comfortable and productive.	General Safety and Wellness	David Hutchison	3/10/2021	4:30 PM	5:30 PM	250 Max
Scaffold User	The Scaffold user class pertains to all the OSHA Safety guidelines and the Safe use and working on a scaffold.	Construction	Daniel Lamczyk	3/9/2021	1:00 PM	5:00 PM	40 Max
Sharing the road with motorcycles; Keeping everyone safe	This presentation is designed to raise drivers' awareness of motorcycles by outlining key differences in handling, traffic interaction, and visibility by sharing knowledge from motorcycle riders, statewide safety programs, and YouTube creators. This course will help identify risks and strategies so everyone can drive safer.	General Safety and Wellness	Shannon Griggs	3/11/2021	9:00 AM	10:00 AM	100 Max
Silica in Construction	Review of the health effects of silica exposure, discussion of the OSHA standard in Respirable Crystalline Silica in Construction (29 CFR 1926.1153), and Table 1 - Specified Exposure Control Methods, comparison to the General Industry standard, and background photos of abatement measures (i.e. wet methods).	Construction	Adam Gerson	3/9/2021	11:00 AM	12:30 PM	100 Max
Southern Idaho - 10 Steps to Reduce your Workers' Compensation	Learn the 10 steps to loss control that will greatly decrease your workers' compensation costs.	HR/Business/Leadership	John Whitt	3/11/2021	11:00 AM	12:30 PM	100 Max
Stop the Bleed	Stop the Bleed is part of a nationwide campaign to empower the general public to make a difference in a life-threatening emergency by teaching the basic techniques of bleeding control before emergency medical services arrive on scene. Techniques taught include scene safety, 9-1-1 activation, basic patient assessment, identifying sources of bleeding, bleeding control and wound packing and tourniquet application.	General Safety and Wellness	Dillon Brock	3/10/2021	3:30 PM	4:30 PM	250 Max
The Power of Positive Thinking	(For anyone hoping to improve their outlook in life) Optimism is more than just a word, it's a way of life! In this class, you will learn new techniques to change your perspective and improve conditions in both work and personal life.	General Safety and Wellness	Russ Wood	3/9/2021	10:30 AM	11:30 AM	100 Max
Transformative Leadership	The learning objectives are designed to give you insights into leadership theory and how it applies in real world contexts. Specifically, you will improve and address your skills in key areas of leadership, including change and innovation, reflection, collaboration, communication, conflict, and team awareness. This course will examine contemporary Transformational Leadership skills, tools, tips and how to improve your relationships with your team through authenticity and integrity.	HR/Business/Leadership	Monica Matthews	3/10/2021	1:30 PM	2:30 PM	250 Max
Transitioning to Safer Chemicals During the COVID-19 Pandemic	A proactive, preventive approach to eliminate chemical hazards at the source is feasible and necessary to protect workers and the environment especially during this pandemic. Some cleaning products contain toxic chemicals, and some methods tend to cause higher exposure to the undesirable chemicals in those products, which can aggravate asthma, allergies, and cause other health issues. Transitioning to safer chemicals can be a complex undertaking, but a variety of existing resources make it easier. The purpose of this session is to describe the elements of a green cleaning program, the type of advanced technology equipment and the best practices that are necessary for the safety of workers, the occupants and the environment. Please note: Attendees are required to have an active camera and microphone to receive credit for the class. Preregistration for the class within Zoom is also required.	Healthcare/COVID-19	Nancy Simcox, MS	TBD	TBD	TBD	TBD
Trench Talk	This tool time talk will leave you with a good understanding of OSHA's Excavation Safety Standard 29 CFR 1926 Subpart P. This hour long presentation will go over the problem (soil), the solution (protective system), and the Law (the standard).	Construction	Eli Rickert	3/11/2021	10:00 AM	11:00 AM	100 Max
What Do You See?	This course is designed to illustrate safety concerns and how it becomes unnoticeable, in other words what's obvious is not always obvious. Learn how to challenge the status quo in safety, implement new best safety practices, and how to become the standard of change and progression within your safety culture. We will take an in depth look into the safety concerns from the perception of several individuals as they inspected a local manufacturing company. Will you see what they saw?	General Safety and Wellness	Blake Hollingsworth	3/9/2021	2:30 PM	3:30 PM	250 Max