

CSI CNA PROGRAM HEALTH DECLARATION FORM

Program Name: CSI CNA Program

Purpose

The CSI CNA Program requires students to meet physical, mental, and behavioral standards necessary to safely provide care in accordance with Idaho state and federal regulations (OBRA). This form verifies your ability to meet those standards.

Student Acknowledgment of Essential Qualifications

I acknowledge that I have reviewed and understand the Essential Qualifications required to participate in the CSI CNA Program.

I understand that I must be able to perform the following, with or without reasonable accommodation

Physical and Functional Abilities

- Lift, transfer, and reposition residents (minimum of 40 pounds, with assistance as needed)
- Stand, walk, bend, stoop, and move continuously during clinical shifts
- Perform repetitive physical tasks and respond quickly in emergency situations
- Use proper body mechanics to provide safe resident care

Sensory Abilities

- Hear and respond to call lights, alarms, and verbal instructions
- Visually assess residents, read documentation, and monitor equipment
- Feel and assess pulse, skin condition, and other physical indicators

Communication Skills

- Communicate effectively in English, both verbal and written
- Follow verbal and written instructions
- Accurately document care provided

Cognitive Abilities

- Measure, calculate, and record basic resident data such as vital signs and intake and output
- Apply classroom knowledge in clinical settings
- Use critical thinking and sound judgment

Behavioral and Professional Conduct

- Demonstrate professionalism, integrity, and ethical behavior
- Maintain resident confidentiality in compliance with HIPAA

- Show respect and sensitivity to diverse populations
- Function effectively under stress and in fast paced environments

Exposure and Work Environment

I understand that I may be exposed to:

- Bloodborne pathogens and infectious diseases
- Physically demanding workloads
- Long periods of standing and lifting
- Various shifts including days and evenings (8-to-12-hour shifts)

